

# Watershed Nature Camp 2015

**OPEN HOUSES:**

March 14, April 18 and May 16,  
2-4pm

**EARLY BIRD DISCOUNT:**

Register by April 1



## WILD ABOUT WATERSHED IN 2015!

Our natural campus, new environmental center, experienced and enthusiastic staff, and mission to send campers home 'tired and dirty' make Watershed Nature Camp unique. Our campers play, learn, make friends, and challenge themselves out in nature while building lasting camp memories! As my 7th season as Camp Director begins, I am glad to offer expanded programming for several age groups and Before and After Care! I look forward to seeing each camper become a little more comfortable outdoors!



*Tammy*

Tammy Love  
Watershed Nature Camp Director

## ABOUT OUR CAMP

This camp has been the highlight of our annual cycle of year-round programming for over 40 years. It is a true marriage of nature, science, spirit, play, and community; our legacy is an enduring sense of curiosity and a deeper understanding of our place in the natural world. Our fields, forests, farm, pond and stream offer unique opportunities for insightful and enriching experiences. Enjoy camp and explore the Watershed Reserve year-round, on your own, with friends, or through one of our many programs. I look forward to welcoming you to my home away from home!

*Jeff*

Jeff Hoagland  
Education Director

## OUR NEW ENVIRONMENTAL CENTER

Supplementing our natural, 930-acre campus, we are very excited to incorporate our new, state-of-the-art Environmental Center into Watershed Nature Camp this year! The Center is a model for environmental engineering that makes it the "greenest" building in our region. Campers will have a chance to use and learn in our classrooms, Gorrie Hall, Discovery Room, science laboratory, GIS Center, weather station and nature shop. Interactive exhibits will teach campers, in an age-appropriate manner, about the engineering that makes our new Center environmentally responsible—the Center is designed to achieve the acclaimed LEED-Platinum certification from the U.S. Green Building Council. As you bring your kids to camp, be sure to take a look around and learn about this great building where they will explore discover and connect in 2015!

## NEW FOR 2015!

**MORE PROGRAMS AVAILABLE** for the following age groups: preschool campers (3–5 years old and not entering kindergarten), campers entering kindergarten, campers entering grades 5 and 6, and campers entering grades 7 through 9!

**BEFORE AND AFTER CARE ARE AVAILABLE** for your convenience. Before Care, from 8 to 9am, is \$75 per week per camper. After Care, from 4 to 5:30pm, is \$100 per week per camper. If using both Before and After Care during one week, fee is \$150 per week per camper. Not available for preschool campers.

**NEW DISCOUNT** for registering early! Register by April 1 and take \$25 off for being an Early Bird!

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## PROGRAMS

Grade (Sept. 2015)	July 6–10	July 13–17	July 20–24	July 27–31	August 3–7	August 10–14
Preschool					Fur & Feathers	Crafty Critters
Kindergarten					Scales & Tails	Busy Bees
1–2	Stream Stompers	Wind Works	Drip Drop	Trail Mix	Critter Crazy	Sticks & Stones
3–4	Pond-emonium	Sun Power	Aqua-ventures	Survivor Kid	Nature's Artists	Wings & Things
5–6	Trail Team	Can-do Canoe	Eco-charged	Wandering Water	Art-rageous Adventure	Watershed Wildlife
7–9	Hike It Out	See & Shore	Power Pioneers	Paddles & Pines		
10–11	CIT Session I		CIT Session II		CIT Session III	

*The Stony Brook-Millstone Watershed Association is central New Jersey's first environmental group. Since 1949 we have been protecting clean water and the environment throughout our 265-square mile region through conservation, advocacy, science and education. Visit [thewatershed.org](http://thewatershed.org) to learn more.*



## PRESCHOOL CAMPERS • FEE: \$155 PER WEEK

Expanded program this year! Campers age 3 and up—not entering kindergarten—will enjoy five days of classic camp activities with a parent. Limit two children per adult.



### CRAFTY CRITTERS

August 10–14, 1:30–3:30pm

Make some nature-y creations out of doors this week with your little ones! Play outside and discover local flora and fauna too!

### FUR & FEATHERS

August 3–7, 9:30–11:30am

You and your little ones will feel animal furs, learn about feathered creatures, and get up close to some other more unusual critters! Have fun by playing games, making crafts, and discovering local plants and animals!



## CAMPERS ENTERING KINDERGARTEN FEE: \$165 PER WEEK

More opportunities this year! Campers entering kindergarten will have a blast exploring with their friends and counselors.



### SCALES & TAILS

August 3–7, 1–4pm

Get wild about the Watershed's furry, feathery, and scaly creatures this week! We will meet our own resident animals up close, then explore outside for signs of wildlife too!

### BUSY BEES

August 10–14, 9am–12pm

Get crafty this week while making animal 'homes' with nature items! Creativity will reign with hiking and playing too!

## CAMPERS ENTERING GRADES 1 & 2 FEE: \$315 PER WEEK

Campers have many options to choose! All weeks include lots of outdoor play, exploration, games, discovering our trails, and creative activities! Camp day is 9am–4pm.

### STREAM STOMPERS

July 6–10

Cool off with water fun! Enjoy a week full of stream exploration and catching crayfish and other fascinating creatures. We will visit the pond once too!

### WIND WORKS

July 13–17

Get blown away by fun this week! Discover how nature makes and uses energy as we explore, build, and play. Make kites and use a solar oven! Our games, crafts, and hikes will be totally energizing!

### DRIP DROP

July 20–24

Get your feet wet each day this week! Catch crayfish, build boats, explore, and create art at the stream and the pond!

### TRAIL MIX

July 27–31

Grab your water bottle and let's hit the trail! Learn trail safety and basic survival needs as we roam the Reserve. See some unique places like the Hobbit Tree!



### CRITTER CRAZY

August 3–7

Wonderful wildlife abounds, and we will discover it! Find tracks, scat, nests, and other signs of animals. You will also have the chance to meet our resident critters!

### STICKS & STONES

August 10–14

Let's get busy making shelters, fairy houses, and finding natural clay! We plan to use lots of natural materials to enhance our creativity this week and hike and play along the way!



## CAMPERS ENTERING GRADES 3 & 4

**FEE: \$335 PER WEEK**

Campers will enjoy their favorite Watershed activities along with some unique ones to match each theme! Camp day is 9am-4pm.

### POND-EMONIUM

July 6-10

Let's pond it up this week with several visits to Wargo Pond! We will get wet and muddy, use dip-nets, and explore what lives in and around the pond. One day will include a stream visit to the nearby Stony Brook!



### SUN POWER

July 13-17

Get charged up by being in the sun! Animals and plants need it and so do we! Harness wind, water, and solar energy to fuel our activities. The sun will even help us cook a special snack!



### AQUA-VENTURES

July 20-24

The stream rules this week as you catch crayfish and discover aquatic insects! We also plan to spend a day checking out a different section of the Stony Brook!

### SURVIVOR KID

July 27-31

Hit the trail in search of wild adventure! Learn about fire-building, survival and shelter-building as you travel the Watershed Reserve!



### NATURE'S ARTISTS

August 3-7

Play and create with nature this week! Exciting individual and group projects will help your creativity shine through as you use materials found outside.

### WINGS & THINGS

August 10-14

Whooo lives here? Wild and captive critters are our focus this week, from vultures to butterflies, mayflies to turtles and foxes to snakes!

## CAMPERS ENTERING GRADES 5 & 6

More weeks available this year! Each week includes an offsite day trip and an overnight on the Watershed Reserve. Overnights are optional and feature special evening activities, tent camping and cooking over a campfire! Camp day is 9am-4pm except for the Thursday overnights.

### TRAIL TEAM

July 6-10 \$450

Sharpen your outdoor skills! Practice fire-building, compass navigation, and plant identification. Then try out the low ropes course, climbing wall, and group challenges on our trip to YMCA Camp Bernie!



### CAN-DO CANOE

July 13-17 \$435

Join us for water fun every day while we investigate our stream and pond. Sharpen your canoeing skills on our pond before our exciting canoe trip at Delaware & Raritan State Park in Griggstown!

### ECO-CHARGED

July 20-24 \$420

Power up for a week of energetic fun! Perform experiments with solar, wind, and water energy, and then store some up for a long hike on our trip to Merrill Creek Reservoir!

### WANDERING WATER

July 27-31 \$435

Ready, set, paddle! Make a splash in the Stony Brook finding frogs, crayfish, herons, and turtles. Practice canoeing skills on our pond before taking part in our canoe trip at Delaware & Raritan State Park in Princeton!



### ART-RAGEOUS ADVENTURE

August 3-7 \$420

Venture outside to find your inner creativity! Search the woods and fields for natural materials, then turn them into art! Then enjoy fossil hunting on our trip to Big Brook Preserve!

### WATERSHED WILDLIFE

August 10-14 \$420

Wild about the Watershed?! Explore the Reserve for animals and their signs, learn to spot hidden animals, and take a trip to the Mercer County Wildlife Center for a special meeting with rehabilitated wildlife!





## CAMPERS ENTERING GRADES 7, 8 & 9

There are even more choices this year! Each week includes an overnight of 1 or 2 nights, a special trip, and lots of adventure! Overnights include meals. Camp day is 9am–4pm except for overnights.

### HIKE IT OUT

July 6–10 \$495

Explore every corner of the Watershed Reserve this week in preparation for backpacking 8.5 miles over two days and one night on the beautiful and historic Appalachian Trail! Overnight trip is Thursday–Friday.



### SEE & SHORE

July 13–17 \$525

We will spend three days and two nights at Sedge Island Natural Resource Education Center, where we will camp in the Sedge House and go fishing, kayaking, clamming, and bird watching. This unique spot on Barnegat Bay will help us get in touch with aquatic nature including diamondback terrapins, blue claw crabs, and ospreys! Overnight trip is Wednesday–Friday.

### POWER PIONEERS

July 20–24 \$455

This special week features a biking trip, an overnight on the Watershed Reserve, and an exclusive behind-the-scenes tour of the new environmental center's green systems! Put green engineering ideas to the test as we build boats to cross Wargo Pond! Trip is Wednesday and overnight is Thursday–Friday.



### PADDLE POWER

July 27–31 \$525

Ready for the river? Spend three days and two nights canoeing and camping in the Pinelands! As we paddle the Mullica and Batsto Rivers, we may discover egrets, carnivorous plants, and turtles! Overnight trip is Wednesday–Friday.

## COUNSELOR-IN-TRAINING (CIT) • FEE: \$235

### Choose a two-week program:

July 6–17, July 20–31,  
or August 3–14; 8:30am–4:30pm



This valuable program is for students entering grades 10 and 11 who enjoy being outdoors and working with children. Training includes natural history, assisting with camp, completing a leadership project, and CIT and parent orientation. CITs will assist with young campers. Gain resume-building experience and knowledge! CITs will be sent additional forms after registering.

*Note:* CITs who satisfactorily complete their session this summer will be invited back as Senior CITs next summer for no fee (SBMWA family membership required).

## WATERSHED NATURE CAMP FAQ

### 1. What are the dates and hours of camp?

The 2015 camp season is July 6–August 14. Each program runs Monday through Friday. Most are 9am to 4pm, with exceptions for overnights, preschool, kindergarten, and Counselor-In-Training.

### 2. What is the dress code?

Dress for active outdoor play—shorts, t-shirt, and two pairs of close-toed/hard-soled shoes, including one pair that can get wet. No flip-flops, crocs, any open-toed or soft-soled shoes.

### 3. Do you serve meals?

No, campers must bring a lunch and two snacks daily. During overnights, healthy dinner, breakfast, lunch, and snacks are provided. Before and After Care campers should bring extra snacks.

### 4. What do campers need to bring?

Water bottles (at least 1 liter total capacity; 2–3 liters for older campers), a full set of extra clothes, hat, rain jacket, towel, plastic bag for wet/dirty clothing, a second pair of shoes for getting wet (sneakers, rubber boots, or close-toed/hard-soled water sandals), a large bag for everything, and a small backpack for trail essentials.

### 5. What if it rains?

We put our jackets on and keep exploring! Bring a poncho or rain jacket—no umbrellas. We seek shelter in heavy rain or thunderstorms.

## 6. What is the staff like?

Camp groups are staffed at a ratio of 7 campers to 1 staff member or better. Staff is primarily comprised of college students and full-time staff. All camp staff members are First Aid and CPR certified, and some possess Lifeguarding and other advanced certifications

**7. Do you supply insect repellent or sunscreen?** No, campers should apply it before and during camp. Campers must know how to apply their own sunscreen; staff does not apply insect repellent or sunscreen to campers. No aerosol sprays please.

## 8. What about poison ivy and ticks?

Staff members are trained to teach campers how to identify and avoid natural hazards like ticks and poison ivy. We recommend that parents also check their children nightly. If you have further questions, contact the Camp Director.



## 9. What if my child is sick before or during the camp day?

If your child is not feeling well, please keep him/her home and call us to report his or her absence. If your child becomes ill during the camp day, we will call you; early pick up may be necessary. Campers must be fever-free for 24 hours before returning to camp.

## 10. Do you offer before or after camp extended care?

Yes, we offer extended care this year for your convenience. Before Care is available from 8 to 9am and After Care is available from 4 to 5:30pm. Extended care is provided by qualified non-camp Watershed staff and offers quiet time for independent activities.

## 11. How do you use my email address?

Watershed Nature Camp will send all camp communication by email, including registration confirmation and Parent's Guide,

## 12. What is your refund policy?

Cancellations must be received in writing and postmarked by June 6 for any refund. After that, a refund will be issued only if we are able to fill the vacancy. Vacancies will be filled first from established wait lists. Send written cancellation and request for refund to the attention of the Education Department. There is a \$40 processing fee for all cancellations. SBMWA membership is not refundable.

## COME TO ONE OR ALL SESSIONS!

### Registration Requires:

- **Registration form**
- **Health and medical form**, completed and signed by parent/guardian. New Jersey state law requires that campers submit a current health record each year; please provide written documentation if your child is not vaccinated for medical or religious reasons.
- **Full payment** by cash, check or credit card (MasterCard, VISA or Discover).

**Send to:**  
Watershed Nature Camp  
SBMWA  
31 Titus Mill Road  
Pennington, NJ 08534  
**Phone:** 609-737-7592  
**Email:** camp@thewatershed.org

### Discounts & Early Bird:

- **Sibling Discount:** Take \$25 off per sibling when attending the same week (\$10 per sibling for preschool and Kindergarten programs).
- **Multi-week Discount:** Take \$25 off per week per camper when attending multiple weeks (\$10 off per camper for preschool and Kindergarten programs). *Excludes Counselor-In-Training.*
- **Early Bird Discount:** Take \$25 off per camper when registering by April 1.

### Before & After Care:

- **Before Care:** 8–9am, \$75 per camper per week
- **After Care:** 4–5:30pm, \$100 per camper per week
- **If registering for both Before and After Care,** fee is discounted to \$150 per week
- **Not available for preschool campers**



### Important Information:

- **Registration begins immediately.**
- **Camp Hours:** 9am–4pm, except where noted
- **Current SBMWA family membership is required;** sign up or renew on your registration form
- **Confirmation of your registration** will be emailed to you upon receipt of all registration materials (see above)
- **Parent's Guide** will be emailed to you on or about June 1
- **Open Houses:** March 14, April 18, and May 16, all 2–4pm
- **Back to Camp Day:** September 19, 2–4pm

### Cancellation Policy:

*Cancellations must be received in writing and postmarked by June 6 for any refund. After that, a refund will be issued only if we are able to fill the vacancy. Vacancies will be filled first from established wait lists. Send written cancellation and request for refund to the attention of the Education Department. There is a \$40 processing fee for all cancellations. SBMWA membership fee is not refundable.*

**Send forms and payment to:**

Watershed Nature Camp  
31 Titus Mill Road  
Pennington, NJ 08534  
Phone: 609-737-7592  
email: camp@thewatershed.org

# Watershed Nature Camp 2015 Registration Form Stony Brook-Millstone Watershed Association

Submit one form per camper, copy forms as needed.

CAMPER Name \_\_\_\_\_ F M

School \_\_\_\_\_ Grade & Age in Sept. 2015 \_\_\_\_\_

Parent(s)' Name(s) \_\_\_\_\_

Home Address \_\_\_\_\_  
Street Town State Zip

Email Address \_\_\_\_\_

Watershed Nature Camp information will be sent via email; this information will be used for SBMWA purposes only.

Home Phone (\_\_\_\_) \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_

Each camper receives one complimentary t-shirt. Indicate your child's size.

Child 4-6 \_\_\_\_ Adult S \_\_\_\_

Child 6-8 \_\_\_\_ Adult M \_\_\_\_

Child 10-12 \_\_\_\_ Adult L \_\_\_\_

Child 14-16 \_\_\_\_ Adult XL \_\_\_\_

**Pick-Up Information**—List parents and other adults you authorize to pick up your camper.

Name	Relationship	Phone #
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Dates	Program Name	Fee
<b>July 6-10</b>		
<b>July 13-17</b>		
<b>July 20-24</b>		
<b>July 27-31</b>		
<b>August 3-7</b>		
<b>August 10-14</b>		
<input type="checkbox"/> <b>Family Membership</b> —Current SBMWA Family Membership required		<b>(\$50)</b>
<input type="checkbox"/> <b>Before Care only</b> —8AM to 9AM		<b>(\$75 per week)</b>
<input type="checkbox"/> <b>After Care only</b> —4PM to 5:30PM		<b>(\$100 per week)</b>
<input type="checkbox"/> <b>Before and After Care</b>		<b>(\$150 per week)</b>
<input type="checkbox"/> <b>Multi-week Discount</b>	<b>(\$25 per week) (preschool and kindergarten \$10 per week)</b>	
<input type="checkbox"/> <b>Sibling Discount</b> —attend same week	<b>(\$25 per camper) (preschool and kindergarten \$10 per camper)</b>	
<input type="checkbox"/> <b>Early Bird Discount</b> —register before April 1		<b>(\$25)</b>

See page 6 for discount information.

**TOTAL DUE** \_\_\_\_\_

**Choose payment method. Full payment must accompany registration form.**

VISA     Discover     MasterCard     CASH     CHECK payable to 'SBMWA' enclosed.  
Card # \_\_\_\_\_ CVV \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_ Cardholder's Signature \_\_\_\_\_

OFFICE USE ONLY: Date \_\_\_\_\_ DP \_\_\_\_\_ Conf. \_\_\_\_\_ CC/Ck# \_\_\_\_\_ Amt. \$ \_\_\_\_\_ NM/RN/Current



# Watershed Nature Camp 2015 Health and Medical Form Stony Brook-Millstone Watershed Association

(Parent/Guardian must complete and sign this form for minors.)

Participant's Name: _____	DOB _____	F	M	
Home Address: _____	STREET	CITY/TOWN	STATE	ZIP

(Required for minors)

Parent's Name: _____	Please indicate phone # to be called <u>first</u> during camp day.	
Home Phone: _____	Cell Phone: _____	Work Phone: _____

Parent's Name: _____	Please indicate phone # to be called <u>first</u> during camp day.	
Home Phone: _____	Cell Phone: _____	Work Phone: _____

Emergency Contact/Relationship: _____	Phone: _____
(Person to be called first if neither parent can be reached.)	

**ALLERGIES:** Describe each allergy, reaction and management, administration of medication, Epi-pen, etc. Indicate 'none known' if no allergies exist.

Food and Other Allergies: \_\_\_\_\_

**MEDICATIONS:** Camp Staff will carry all medications. Minors are not allowed to carry or self-administer any medications except an Epi-pen or rescue inhaler. All medications must come to camp in their original containers with written note from parent on its administration. Prescription medications must have child's name on label.

Participant takes/carries NO medications on a regular basis. OR  Participant regularly takes/carries medication(s) as follows:

Medication #1 name: \_\_\_\_\_ Dosage: \_\_\_\_\_

Reason for taking: \_\_\_\_\_ Will your child need to take/carry this medication during the camp day? Y N

Medication #2 name: \_\_\_\_\_ Dosage: \_\_\_\_\_

Reason for taking: \_\_\_\_\_ Will your child need to take/carry this medication during the camp day? Y N

**IMMUNIZATIONS AND DATES:** A copy of participant's immunization record is acceptable.

- DPT \_\_\_\_\_  Tdap (11 and older) \_\_\_\_\_  Polio \_\_\_\_\_  
 Varicella (chicken pox) \_\_\_\_\_  Influenza \_\_\_\_\_  Hep B \_\_\_\_\_  
 Menactra (11 and older) \_\_\_\_\_  MMR \_\_\_\_\_  
 My child is not vaccinated and I have included documentation with this health and medical form.

**ADDITIONAL MEDICAL INFORMATION:** Has/does the participant:

- Had a recent injury, illness or infectious disease?  Have a chronic or recurring condition/illness?  Have frequent headaches?  
 Wear glasses, contacts or protective eyewear?  Ever had seizures or convulsions?  Have asthma?  
 Have diabetes?  Have an orthodontic device (braces, retainer, etc.)?  
 Have any other condition that requires Staff knowledge or special care?  
 Have any restrictions on their activity while at camp? Explain.

Explanation: \_\_\_\_\_

## Consent Statement:

To the best of my knowledge, this health history is correct and complete. I know of no reason to restrict participant activity and give permission for participation in all camp activities, including bus transportation off site, except as noted above. All records will remain confidential and will be handled only by Staff whose job includes processing or using this information for the benefit of the participant. In the event I cannot be reached in an EMERGENCY, I give my permission to the physician selected by the Camp Director to hospitalize, secure proper treatment for and to order injection, anesthesia or surgery for my child. I also give my permission for SBMWA to make non-commercial use of any photograph/video of my child or any artwork created by my child while at camp.

Parent Signature (or adult participant signature): \_\_\_\_\_ Date: \_\_\_\_\_

Signature required