

Counselor-in-Training Registration

15-16

Program

A **Counselor-in-Training** (CIT) is a young person aged 15-16 who is mentored by camp staff to help run activities, engage with campers, and assist in day-day camp operations. The fun of being a CIT is watching the campers in your group has fun and engage with the outdoors!

As a CIT you will be responsible for: engaging with campers during down-time and activities, bringing a positive and enthusiastic attitude, and generally assisting camp-staff in running activities. (Activities could be going on a scavenger hunt, building shelters, hunting for bugs, etc.)

Mentorship

As a First year CIT you will receive mentorship from the Group Leader and counselors working directly with you. You will also have 4 Educator sessions to learn all about the outdoors and also more about working with children. These sessions are led by Watershed Institute Educators 2 times a week. Preference for these topics can be chosen when completing the CIT placement application.

Leadership Project: As a first year CIT we will help you complete a leadership project which is comprised of a 10-15 min. lesson and then a 30-45 min. activity created and led by you, the CIT! The leadership project is a way to utilize the skills developed during the program and a way to take lead of a camp activity.

Registration

To become a First year Counselor-in-Training all you need to do is register and submit the following document:

- CIT placement Application (located at the bottom of this document)

To **Register** follow this [link](#) and please submit the above listed document by **May 1, 2020** to camp@thewatershed.org or mail to 31 Titus Mill Rd. Pennington NJ, 08534.

See below for information about Senior Counselor-in-Training positions, and application/registration documents.

Senior Counselor-in Training

15-17

Program

A Senior Counselor-in-training (Senior CIT) is a volunteer aged 15-17 who assists the camp staff in running day-day activities. We expect Senior CIT's to take initiative in camper management, leading activities, and in assisting camp staff. Senior CIT's are encouraged to help deliver instructions, lead games, and work with the entire group of campers.

Senior CIT's are responsible for: engaging with campers during down-time and activities, helping run and occasionally lead activities and/or games, assisting camp staff with camper management, and day-day activities .

Mentorship

Senior CIT's are encouraged to attend Educator Sessions and complete a leadership project, but they are both optional. The Group Leader and Camp Staff that work with Senior CIT's will continue to mentor and teach how to work with children.

Application

If you enjoyed being a Counselor-in-Training a previous year OR think you have what it takes to be a Senior CIT in your first year as a CIT please send the following to camp@thewatershed.org:

- 1 letter of recommendation
- Completed senior CIT Application (Located at the bottom of this document)

If you are interested please apply soon, spots fill quickly and we only hold so many for Senior CIT's. If you are accepted as a Senior CIT we will send you a link to register for free.

Counselor-In-Training Placement Application

This application is to find which staff group and age of campers you will fit best with during your time as a CIT, you may not get your preference in Age-Group to work with but we will try to place you with them.

Name: _____

Email (Parent): _____

Phone (Parent): _____

Describe why you'd like to be a Counselor in Training?

Skills, hobbies, and special interests

Outdoor Interests (hiking, geology, birding, just enjoying it, etc.)

What Age group would you *most* prefer to work with and *why*?

Education Sessions Preferences

All CIT's will have one session of Group Management training, please choose 4 of the topics that most interest you. Watershed Educators will lead these activities and provide knowledge and also how to introduce/share this information to children.

- Working with children who have disabilities
- Plat and Tree ID
- Track and Scat ID
- Macroinvertebrate (water critters) ID and collection
- Butterfly ID and rearing (Butterfly house upkeep, caterpillar raising)
- Insects of the field and forest
- Critter training (how to handle animals in discovery room)
- Fire building and other survival skills
- Compasses

Senior Counselor-In-Training Application

Name: _____

Email: _____

Phone: _____

Do you participate in any extracurricular activities?

What is your relevant work or volunteer experience?

What is your camp experience as a participant and/or a leader?

What skills, hobbies, and special interests do you have that may be useful at camp

What qualities do you have that set you apart from the others?

What are your outdoor interests (hiking, birding, geology, etc.)

What Age group would you *most* prefer to work with and why?

Why do you think you'd be a good role model?

What do you hope to gain from being a Senior CIT?

If you plan to participate in the Education sessions please choose your 4 preferences

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